

Tattie And Leek Soup

== History == Scotland's natural larder of vegetables, fruit, oats, fish and other seafood, dairy products and game is the chief factor in traditional Scottish cooking, with a high reliance on simplicity, generally without the use of rare (and historically expensive) spices found abroad.

Scottish cuisine It has distinctive attributes and recipes of its own, but also shares much with other British and wider European cuisine as a result of local, regional, and continental influences – both ancient and modern. Cullen skink, a thick soup made of smoked haddock, potato and onion Baud bree, hare broth Cock-a-leekie, a soup made with leeks, peppered chicken stock Scottish cuisine (Scots: Scots keukin/cuisine; Scottish Gaelic: Biadh na h-Alba) encompasses the cooking styles, traditions and recipes associated with Scotland

Scotland, with its temperate climate and abundance of indigenous game species, has provided food for its inhabitants for millennia. The wealth of seafood available on and off the coasts provided the earliest settlers with sustenance. Agriculture was introduced, and primitive oats quickly became the staple.

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